Duration 2 days

Timings 9:30 – 16:30

## **Benefits**

- Heighten morale, motivation and team spirit
- Maximise productivity and achieve organisation and team objectives
- Reduce staff turnover and gain employees commitment, trust and loyalty
- Transform poor performers and difficult individuals into team players

## **Course Description**

An organisation's workforce is without doubt its biggest asset, managing people effectively is critical. Release your potential and become an inspiring team leader – instil enthusiasm and positive energy throughout your team and manage you and your team to success.

Optimise performance with effective communication and win trust and cooperation, motivate and resolve conflict easily turning resistance into support.

Through a mixture of discussions and practical exercises you will develop and polish existing skills while learning proven techniques and best practices.

## **Course Content**

- Importance of cohesive teams
- Use communication effectively
- Examine various types of people and how to get the best out of them
- Time management and delegation techniques
- Understand conflict management in the workplace
- Considered how best to obtain and deliver "Feedback"
- Motivation and Team Building
- Ways to tackle Problem Solving
- Considered the essential difference between implications for managers and supervisors
- Understand the cause and symptoms of stress and how to deal with it.

## **Pre Course Requisites**

An ideal course for people in a management role who have not received any formal training, or are new to management or a supervisory role wanting to establish the core elements in order to lead their people successfully.

To get the best out of the course, complete our pre-course questionnaire. This will give us a good understanding of why you are doing the training and what your expectations are.